Parent Resources

Great website for parents:

<https://parents.cmionline.com/resources-for-kids-during-covid19/>

<https://parents.cmionline.com/week-1/>

Pretty cool idea---check out Genius Hour. <https://www.youtube.com/watch?v=2n7EelMbzG0&feature=youtu.be>

Ways to Cope in Trying Times

We’ve compiled a list of educational resources you can use to help young people learn the social-emotional skills they need to get through COVID-19

<https://www.secondstep.org/covid19support>

[..\Downloads\When Grief Goes Viral Handouts\_041420.pdf](file:///C%3A%5CUsers%5CJryan%5CDownloads%5CWhen%20Grief%20Goes%20Viral%20Handouts_041420.pdf)

..\Downloads\SAMHSA-TalkingtoKids.pdf

..\Downloads\Build Social Emotinal Skills from Home.jpg

..\Downloads\SAMHSA-CopingwithStress (002).pdf

..\Downloads\CSTS\_FS\_Helping Homebound Children during COVID-19 Outbreak.pdf

Parent mental health in the world of coronavirus

<https://childmind.org/article/self-care-in-the-time-of-coronavirus/>

Helping children with executive functioning challenges

https://childmind.org/article/helping-kids-who-struggle-with-executive-functions/